

Research methods: Tips and tricks for those interested (and maybe never have considered that research is fun)

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Although drowning is an eminent public health and clinical health problem, very little research has been performed. Most drowning related research, published in peer review journals, relate to epidemiology, prevention and deceased drowned bodies.

Rescue and resuscitation are of relevance for the lifesaving community but receive meager attention in research agendas, research grants or research institutes. A possible way to increase the evidence-based practice is that lifesaving organizations start to promote, fund, facilitate or initiate research projects.

During this presentation an introduction is given about how to set up drowning related research in such a manner that the results can be published in peer reviewed scientific journals. Aspects that are discussed include:

- why quantitative or qualitative research
- the international and national organisation of research (strategic level)
- research institutes and other research stakeholders (tactical level)
- formulating the right research question (operational level)
- coping with problems when facilitating, initiating or performing research.

During an additional interactive workshop, the tips and tricks to start drowning related research will be further explored in an interactive manner with those interested in or experienced with research.

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