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## CPR Online

**Robert Pearce<sup>1,2</sup>, Lauren Nimmo<sup>1</sup> and Craig Smetherham<sup>1</sup>**

Royal Life Saving Society Western Australia<sup>1</sup>, the Royal Australian College of General Practitioners<sup>2</sup>

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### Background/Introduction

This project aimed to develop an e-learning solution for cardiopulmonary resuscitation (CPR) training. All general practitioners (GPs) are required to complete CPR training once every three years as part of their ongoing professional development obligations. Currently GPs find it hard to attend a course in CPR due to heavy patient loads and a shortage of doctors. In addition, the many regional and remote GPs struggle further to attend as courses are rarely available outside of the metropolitan area.

Without practice, CPR is a skill that is quickly forgotten – and GPs are in a position where they are more likely to have to use CPR skills than most other members of the community. For this reason, RLSSWA and RACGP saw this partnership as a perfect opportunity to ensure quality training that could be delivered state wide, benefitting all GPs and consequently their respective communities.

The learners will all be GPs, practising throughout Western Australia. The participants are therefore highly educated, however have very limited opportunities to gain skills in CPR. So the introduction of a training solution that enabled them to complete their training requirements from the office or at home eased the process of certification.

The project has resulted in an online training solution that was invaluable to GPs, and a resource that has had a much wider community appeal. As CPR training forms a part of quite a number of qualifications this will be a valuable tool in the delivery of training to people who need a reduced time away from their normal place of work.

### Acknowledgements

Australian Flexible Learning Framework

### Corresponding Author

Craig Smetherham  
Manager Vocational Education and Training First Aid  
Royal Life Saving Society – Australia  
McGillivray Road  
Mt Claremont WA Australia 6010  
Phone: + 61 8 9383 8200  
Email: csmetherham@rlsswa.com.au