



## LIFESAVING SPORT AND ATHLETES WITH DISABILITIES

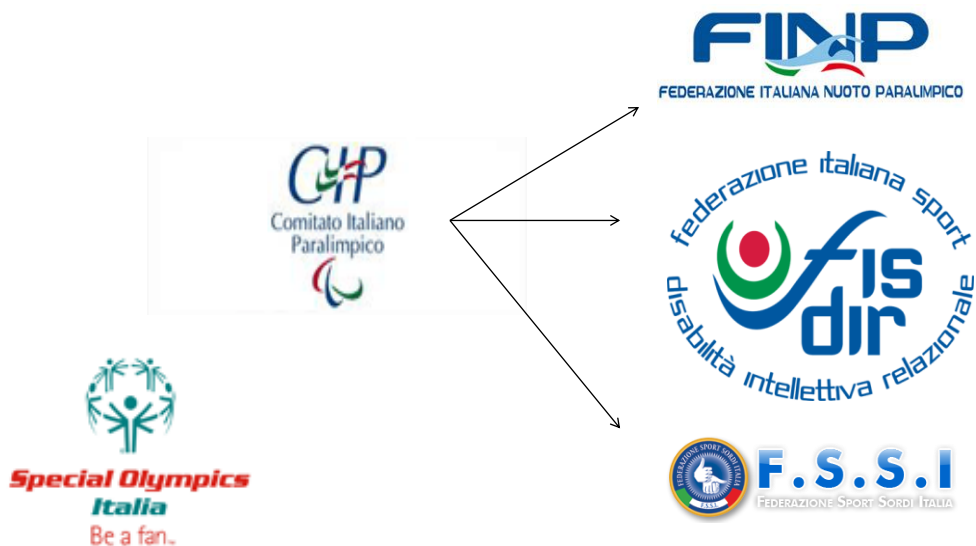
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THE  
INTERNATIONAL  
WORLD  
OF SPORT FOR  
PEOPLE WITH  
DISABILITIES



## THE ITALIAN SPORT ORGANIZATION FOR PEOPLE WITH DISABILITIES



## INTERNATIONAL CLASSIFICATION OF DISABILITIES AND SWIMMING ATHLETES

S1, S2, S3, S4, S5, S6, S7, S8, S9 S10,

**S11, S12, S13**

S14





## AQUATIC SPORTS FOR ATHLETES WITH PHYSICAL AND INTELLECTUAL DISABILITIES

Swimming, **Syncro**, **Waterbasket**, **Lifesaving**



## ATHLETES WITH PHYSICAL AND INTELLECTUAL DISABILITIES CAN BE A LIFESAVER

?





## MATERIALS AND DISTANCES

**Small Heavy bag (1Kg and 3Kg)**

**Horizontal obstacle (1M and 2M)**

**vertical obstacle (30cm, 50cm, 70cm)**

**25M and 50M**



## RESULTS:

**ALL THE ATHLETES COMPLETED SUCCESSFULLY THE 25M AND 50M SWIMMING WITH 1M OBSTACLES. NOT ALL THE ATHLETES WITH PHYSICAL DISABILITIES CLASSIFIED IPC SWIMMING S2, S3, S4 AND S5 COULD COMPLETED THE 25M SMALL HEAVY BAG (1Kg).**

**THE INTRODUCTION OF LIFESAVING AS SPORT FOR ATHLETES WITH PHYSICAL DISABILITIES CAN NOT FOLLOW THE IPC SWIMMING PARAMETERS.**





**SINCE THE SPORT SEASON 2007/2008 CIP (DEPT 9) NOW FISDIR, HAS RECOGNISED LIFESAVING AS EXPERIMENTAL SPORT DISCIPLINE. FISDIR ATHLETES S14 TAKE PARTE TO THE COMPETITIONS AS GROUP BASIS AND ADVANCED.**

**BASIS:** 25M swimming with 1M horizontal obstacle  
25M small heavy bag (1Kg) carry  
4x25M swimming with 1M horizontal obstacle  
4x25M small heavy bag (1Kg) carry

**ADVANCED:** 50M swimming with 2M horizontal obstacle  
50M Small Heavy Bag (3Kg)  
4x50M swimming with 2M horizontal obstacle  
4x25M small heavy bag (3Kg) carry



**ALL THE ATHLETES INVOLVED IN THIS PROJECT HAD REACTED WITH EXTREME INTEREST TO THE LIFESAVING SPORT ACTIVITIES.**





**3RD FISDIR ITALIAN  
LIFESAVING  
CHAMPIONSHIP  
PUGNOCHIUSO  
15-16 JUNE 2011**



**THANK YOU FOR YOUR  
ATTENTION**

