

Accredited Officials and Coaches Programs

Surf Life Saving Australia

Rick Wright

(Paper 313)



Course Reviews

- Positive response on course content evaluations
- Every course has an evaluation conducted
- Officials would like to spend more time on rule understanding
- Coaches would like more Coaching DVD's
- A need for on-line learning
- Log / diaries should be internet based
- Course durations agreed
- All courses have had adjustments to session delivery and content.
- All Officials and Coaches Level 1, 2 & 3 now have 4 year licenses.



What works best for SLSA



What works best for SLSA

- Recognised as 'the' National Sporting Organisation for Lifesaving Sport by ASC and AOC in Australia
- A National Accreditation program endorsed by ASC
- Information sharing & RPL with other NSO's
- SLSA has a member on the ASC National Officials Advisory Group
- All Accreditations must be relicensed every four years
- No shortage of candidates for courses
- National Data Base of Coaches and Officials and their award history maintained
- Resource development + Course Presenter Kits



Australian Sport Commission

Compliance & Audit criteria

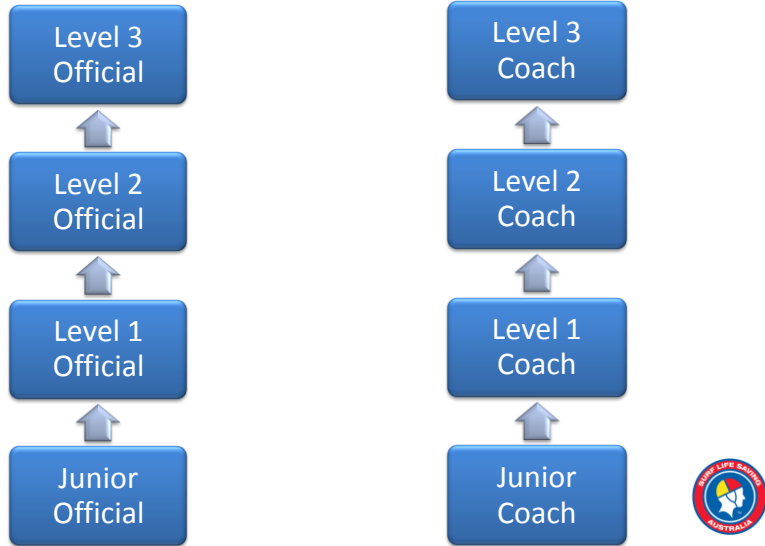
- The courses have to meet the strict NAC competency statements for the courses & the guide to coaching and officiating general principles & structure



Surf Life Saving Australia Accreditation Levels



SLSA Accreditation Levels



Officials



Junior Official Course Outline

- ✓ **Ability to regulate the conduct of competitions for ages U14 years and under events.**
 - ☐ 4 hours theory
 - The role of a junior sports official
 - People management
 - Duty of care
 - Rules for events
 - On job practical assessment

- ✓ **Contribute to athlete satisfaction, enjoyment and commitment to Surf Sport.**



Level 1 Official Course Outline

- ✓ **Display professionalism, integrity and ethical conduct in their role as an official**
 - ☐ 1 day course + practical
 - Self management
 - Managing the sport environment
 - People management
 - Rules and event courses
 - Judge competitive situations
 - On job practical assessment
- ✓ **General competition delivery**
- ❖ **Review – Participants workbook now assessed and handed back for on going reference. More time allocated for completion of workbook answers.**



Level 2 Official Course Outline

- ✓ **Demonstrate management skills within a team environment**
- ✓ **Self Reflection & Mental Preparation for competitions**
 - ☐ 2 day course + practical (by invitation)
 - Pre course assignment (mandatory)
 - Advanced legal responsibilities
 - Conflict resolution (protests & appeals)
 - Positioning skill
 - Event management (e.g.; timetabling, officials appointments etc)
 - Rules and their interpretation
 - On job practical assessment
- ✓ **Regulate the competition environment**
- ❖ **Review - Course now centres around small work group & scenario task work and the sharing of ideas and individual interaction with presenters.**
- ❖ **Post Course written assessment no longer part of course.**



Level 3 Official Course Outline

- ✓ **Ability to lead, motivate and influence others at major competitions**
 - ☐ **Residential course** (3 days) – (by invitation only)
 - Pre and post course assignments (mandatory)
 - Sports law, safety & disciplinary hearings
 - Situational leadership
 - Fitness and welfare of officials
 - Course set up and course laying
 - Competition profiling and advanced programming
 - Advanced competition rules
 - On job practical assessment – 12 Months
- ✓ **Advanced management of the competition environment and to make decisions in a decisive manner**
- ❖ **Review – Situational Leadership added to course sessions and additional time allocated on disciplinary hearings.**
- ❖ **Review - Next course will entail a total group project and presentation**



Coaches



Junior Coach Course Outline

- ✓ **Basic surf sport skills for junior competition promoting fun and participation for athletes 13 years and under**
 - Course 4 hours
 - Basic coaching skills & training sessions
 - Board paddling
 - Surf swimming
 - Beach Sprinting & Beach Flags
 - 4 Practical sessions with a mentor



Level 1 Coach Course Outline

- ✓ **Introduction for coaching of athletes aged 13 years and over, all disciplines**
- ✓ **Planning and delivering basic training sessions**
- ✓ **Mentoring and assessing junior coaches**
 - Course theory section 8 hours + practical
 - Introduction to SLSA coaching
 - Athlete development (physical & psychological)
 - Planning training sessions and programs
 - Sports science
 - Delivering & reviewing training
 - Coaching skills for two (2) disciplines
 - Practical coaching hours 20 hours
 - ❖ Review – 10 hours practical coaching RPL granted if involved in coaching prior to course.
 - ❖ Review - Post Course assignment can be completed on last afternoon of course with assistance of presenter and peers
 - ❖ Review - practical coaching can be assessed by a NSO Coach
 - ❖ Review -General Principles can be completed on-line with ASC



Level 2 Coach Course Outline

- ✓ **Developing plans for the season and improving performance**
- ✓ **Club head coaches, state representative coaches, mentor coaches**
- ✓ **Mentor and assessing Level 1 coaches**
 - Course 2 days - theory sessions
 - Advanced coach/athlete development
 - Physical considerations of an athlete
 - Safety
 - Planning an annual training program
 - Sports science
 - Preparing, delivering & reviewing training
 - Technique correction and skills for two (2) disciplines
 - Pre and in-house course assignments
 - Practical coaching 40 hours
 - ❖ Review – Addition of self assessment skills
 - ❖ Review - Accreditation licence extended from 2 to 4 years
 - ❖ Additional DVD resources



Level 3 Coach Course Outline

- ✓ **Improve and enhance technique for elite level athletes**
- ✓ **Program management of high performance athletes**
 - Residential 3 day course
 - Skills analysis using software
 - Coaching innovations (especially Sports Science)
 - Leadership role in coaching programs
 - Deliver coaching clinics
 - Mentor, assessment and presentation to courses & clinics
 - Pre Course and in-house course assignments
 - Research assignments
 - Practical coaching time - 1 competitive season
 - ❖ **Review – Accreditation license extended from 2 to 4 yrs**
 - ❖ **Review – Additional Sports Science sessions**

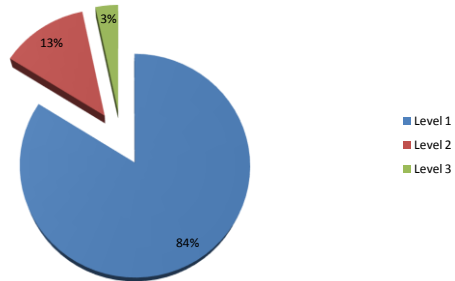


SLSA Statistics



Total SLSA Accredited Officials - 2009/2010 Season

Total SLSA Accredited Officials 2009/10

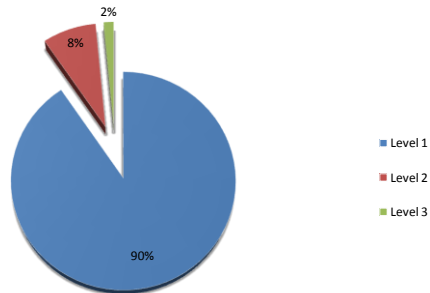


- June 2011 will see the introduction of the Junior Official accreditation.



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SLSA Future Direction



SLSA Future Direction

- Interactive Courseware
- Courses accepted as qualifications with AQF
- Leadership programs for Coaches and Officials
- Formal Accreditation of Coach & Officials Mentors, Assessors and Presenters to have individual registration with SLSA & ASC.
- Succession planning to extend to a 10 year cycle
- Opportunities of cross over into Olympic sports



Questions?

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